Exploring the New and Improved ATCB Website
Barbara Parker-Bell, ATR-BC

If you have not spent time on the ATCB website lately, it is time to take another look. Over the past year, changes in the structure, appearance, and service features available on the website have been planned, designed, tested and launched. As I have recently come to the position of Electronic Media Committee Chair, I must thank the people who have come before me who have spearheaded the design efforts: Penny Orr, former president; Carolyn Brown Treadon, ATCB Director; Dawn Nuding, ATR; and the ATCB National Office staff. They have been instrumental in working with designers to transform ideas from the Board, credential holders and other website users into realities.

Aesthetics
One of the first things you may note when you look at the ATCB site is the change of appearance. It is hard to miss the dynamic cycle of artworks created by art therapists, some of whom have been featured in past ATCB newsletters. Click on the artwork to learn more about each artist! Thank you again to the art therapists who have been willing to share their stories and images. As you move from the home page to other website pages, you will also note the greater inclusion of photographs (continued on page 8)
Everything changes and everything remains the same. No less true here at the Art Therapy Credentials Board Review where we welcome recently credentialed art therapists to the field, say hello to new directors, say goodbye to directors stepping off the board, and profile art therapists who exemplify the work of credentialed professionals. Each Review delivers the latest information in a familiar and recognizable format, but the content reveals our ever evolving field. The faces of the board and individuals within our profession may change but our mission and purpose do not. Our job as the credentialing board for the field of art therapy is to insure individual art therapists understand, maintain, and deliver the highest quality of professionalism to the public they serve.

The ATCB itself continues to maintain the highest quality of professionalism in designing and delivering credentialing and testing services for our profession. I am reminded of a motto, which an online search reveals is displayed in municipalities from Portland, Maine to Los Angeles, California: “To Protect and to Serve.” That is the job and purpose of the ATCB, too. Our mission statement reminds us that we exist solely to protect the public through serving the profession with effective credentials. One of the ways we accomplish that protection is by requiring all credential holders to follow the Code of Professional Practice. With each credential application or renewal the applicants or credential holders are asked to attest to their adherence to the Code.

Just as we do with periodic revisions to education and supervision requirements and with the continual upgrading of the Art Therapy Credentials Board Examination, the ATCB regularly revises the Code of Professional Practice to reflect the changing face of the field. We accomplish each of these revisions and upgrades through an ongoing dialogue with the profession. Whether through our periodic Job Analysis, in which we survey the profession to glean the essence and trends in the work of art therapists for the development of examination items, by staying in touch with art therapy educational programs to assess that our requirements accurately reflect the field, or through direct feedback from professional art therapists, we seek to involve our constituency with all changes, while maintaining a requisite objective distance to insure the efficacy of our requirements and examination. Last summer a suggested revision to the Code was presented in the summer edition of the Review (Summer2014) with a request for input from the field. Essentially it was a requirement that was suggested during the results of a recent survey of the profession that would have workshop presenters disclaim the ability of attendees to be able to practice art therapy based on attendance at that single workshop. We received a wealth of responses to our request for feedback with some valid perspectives on how that change would positively or negatively affect the work of art therapists. We heard you loud and clear and have sent the proposed revision back to committee for review in light of your feedback. We are grateful for the active participation of our credential holders. Please watch for a revised presentation of that and other changes in your Code of Professional Practice.

I hope you enjoy this issue of the Review. Please join me in welcoming our new ATRs and our new ATR-BCs, wave to Libby Schmanke as she steps off the board and onto the Certification Committee, read about Kathryn Bard, ATR-BC and her global journey of art therapy, and take the guided tour of our new website with our most recently appointed director, Barbara Parker-Bell, ATR-BC. Thank you.
**DEADLINES**

**April 30** Early Application Deadline for BC. If you are an ATR and plan to take the ATCBE for Board Certification during the national paper/pencil administration, you can save $25 by submitting your application before this date. The application is available on our Website or by contacting the ATCB National Office.

**May 29** Final Application Deadline for BC. If you are an ATR and plan to take the ATCBE for Board Certification, your ATR-BC application must be postmarked by this date.

**May 15** Recertification. If you are an ATR-BC who is due to recertify this year and who needs more time to obtain the required CECs, you must submit a written extension request and remit the $50 fee by this date.

**June 1** Recertification. If you are an ATR-BC who is recertifying this year, your completed application for recertification must be received by the ATCB National Office by this date. Notices will be mailed mid-March.

**June 30** Annual Renewal Deadline. ATR/ATR-BC/ATCS annual renewals are due by this date. Renewal notices will be mailed by May 15. If you have not received a notice by June 1, contact the ATCB National Office. Please note that you can now renew online (https://myatcb.atcb.org).

**July 11** ATCB Examination. National paper/pencil administration of the Art Therapy Credentials Board Examination.

**August 7** Final Application Deadline for the ATCB Examination via Computer-Based Testing. If you are an ATR and plan to take the ATCBE for Board Certification in September via computer-based testing, your ATR-BC application must be received by this date. This is the last administration of the ATCBE in 2015.

**September 7-18** ATCB Examination via Computer-Based Testing. Last testing window of 2015 to take the ATCBE (via computer based testing). Offered at 170 testing sites nationwide.

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**Art Therapy Credentials Board**

**Board Certification**

*(paper-pencil)*

**Examination Date and Locations**

**SATURDAY, JULY 11, 2015**

*Albuquerque, NM*

*Baltimore, MD*

*Reno, NV*

*Louisville, KY*

*New York, NY*

*Rochester, NY*

*Minneapolis, MN*

*(AATA conference)*

April 30 is the early deadline to apply for Board Certification and take the paper-pencil administration of the exam on July 11. The final deadline is May 29. ATRs applying for Board Certification by the April 30 deadline save $25 off the regular fee of $260. Unless you are approved to test for licensure in New York, New Mexico, Maryland or Kentucky, the only way to test is by first obtaining the Registered Art Therapist (ATR) credential. If you are not already an ATR, your complete ATR application packet must be received in the ATCB National Office no later than March 15, if you intend to apply for Board Certification by May 29 and take the ATCBE on July 11. Individuals planning to test for state licensure must be approved to test by their state’s licensure board. For more information, please see the Examinations page of the website, [www.atcb.org/Examinations](http://www.atcb.org/Examinations), or contact the ATCB National Office.
An art therapy career that spans decades and crosses continents inevitably involves unexpected turns and evolution. Decades ago as an undergraduate student taking a course on the Psychology of Women, I wrote a paper arguing that art therapy was a flexible career option particularly for women. How idealistic I was then not having yet attended graduate school, but how interesting it is that in fact my speculation has turned out to be correct. During this time the art therapy field has developed exponentially, while globalization has impacted not only our world perspectives but also the reality of where we can live and work. As it turns out, art therapy has provided me a career that has been professionally satisfying, accommodating so that I could raise children, and portable so that I could exercise it while living in and outside the United States.

**Education and Early Career** As I look back, I am thankful to have had a solid education and foundation in art, psychology, and art therapy, first at Boston University and then for graduate school at New York University. At NYU I had the pleasure and honor of studying with Edith Kramer (as well as with outstanding educators such as Laurie Wilson, Martha Haeseler and Elizabeth Stone). I benefited not only from Edith’s theoretical and clinical insights but also from her matter-of-fact enthusiasm. She graded my thesis, a case study of an adolescent with spina bifida, and inspired me in many ways. To study with one of the pioneers of art therapy was a huge thrill.*

After my studies I joined the front lines at a large university-affiliated medical facility as a part of the clinical team and soon began taking interns. My early teaching experiences, including giving grand rounds at three separate university hospitals, would not have been possible without the master’s degree. I am grateful to colleagues as well as to the additional supervisors and peer supervision group members who shared their experience and knowledge. Many have become life-long colleagues and friends. During this time I also found great benefit in participating in my state affiliate chapter and serving on the NYATA Board. Such participation allowed me to interact with art therapists working

*In October of 2014 an opportunity arose that allowed me to come full circle. I had the joy of attending the international Edith Kramer Symposium in Vienna, Austria. Although Edith had worked and taught in the US, she had spent summers in her beloved Grundlsee. In respectful memory, art therapists from both continents convened to honor her work. Perhaps Edith’s multi-cultural experiences helped shape her views and her distinct vision of art therapy that has stood the test of time? The event was as moving as it was instructive. Edith’s early work contributed boldly to the beginnings of art therapy and its impact continues brightly today and, I believe, will continue to do so in the future.

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in very different settings and to gain a more comprehensive view of the field. Once offered, I took the ATCBE, being, I believe, among the first group of ATRs to do so. All such experiences were instrumental as they prepared me for further clinical work and for a leadership position heading a team at another university-affiliated research hospital where, in addition to patient care, I regularly taught residents and fellows in child psychiatry and developmental pediatrics and continued taking art therapy interns. 

**Unexpected Turn** Then, after 15 years working full-time, I encountered a mid-life professional dilemma. My husband, an international lawyer, was offered a position in Switzerland. Would this be the end of my art therapy career? We decided it was time for an adventure. While my husband would be in his element (having lived in Europe before and being fluent in the three major languages of Switzerland), this would be my first stint living abroad. My 2 ½ year-old son was a bright, inquisitive learner, so my decision-making also included weighing what benefits there would be for him (and any future children) to grow up multi-culturally. Soon we were amidst the inspiring Alps and lakes of Switzerland.

With enthusiasm and curiosity I began our integration process: finding my way around, making friends, finding playgroups for our son, and trying to understand Swiss culture so that we could assimilate as much as possible into the community. Our everyday challenges included: where did we want to adapt and integrate and what from our primary culture did we want to preserve?

A few consulting and volunteer opportunities soon arose within the international community in the Zurich area, but my forages to gain fluency in German and the local dialect (“Schweizerdütsch”) were less successful. We then had another child, and for a few years thereafter I was primarily a full-time mommy. Throughout my living in Switzerland I have maintained my professional credentials by attending courses (some at the C.G. Jung Institute, which coincidentally was within walking distance of my home) and professional events, including the annual AATA conference in the U.S. Attending this conference has allowed me over the years to both keep in touch with my professional friends and stay on top of developments in the field.

**Establishing an Art Studio** A few years later when we moved to a new house with more square footage, I was able to carve out the perfect space for a professional studio. I christened it, along with its large, sparkling, extra-deep stainless steel sink, “The Well.” I established my own company and began advertising (though “word of mouth” remains the best publicity). Since I limit my work to the international community, I decided to keep my options open and offer art lessons as well as art therapy. When students present themselves to me, I ask what their goals are. If they want to paint like Renoir, I teach them art and have developed a sequential method of building art skills. If they want to understand more about themselves, and I deem it appropriate, I provide art therapy. The reasons people come to me specifically for art therapy are varied. Typically, they relate to issues of adjustment, integration and individuation. Children may have trouble fitting in or are being bullied at school. Adults too may feel out of their comfort zone,
isolated, and may question themselves in parenting decisions. For families it often relates to finding other ways to communicate. I have also had clients who seek art therapy to hasten creative thinking for career development.

With a new studio, I also resumed personal art making on a regular basis. Having always been inclined towards portraiture, I focus on this genre believing that painting a portrait necessitates a creative blend of art and psychological skills. What makes a person unique? What is his or her internal spark and how can this be expressed visually? Most often I choose a subject that has meaning to me or has a level of depth, complexity or mystery. The natural beauty around me has inspired landscape painting as well.

Along the way of living in Switzerland, I have come to learn more about the Swiss art therapy world. There are several institutes that offer a two-tiered certificate program. The first is the introduction to the theory and method and the second introduces goal setting. Some art therapists work in psychiatric or medical hospitals. I have had contact with graduates who work mostly with children in neighborhood “Malateliers” (painting studios). Those that I have visited typically follow an Arno Stern model with a cave-like room (without windows) where a set of 21 hues in open jars neatly form a center island. Children may use a brush or their fingers to paint from their heart on individual large white papers that are tacked to wooden, paint-stained walls.

In the past five years, my practice has evolved from individual and group art lessons and therapy to sessions for families. I have made several creative arts workshop days in a multilingual school and various workshops in community venues. I have written a few articles and continued to provide art activities for my church, as well as established a weekly artists’ network.

**Fundamentals and Adaptability** When I wrote a book review for a British art therapy case study book in 1992 I had no idea that within the decade I would be living in Europe and that it would become my permanent home. These unexpected turns have enriched

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Libby Schmanke Completes Director Term

Libby Schmanke completed her term of office as Director on December 31, 2014. Libby was Director for five years. Prior to becoming a director she served as Chairperson of the Certification Committee. Libby’s knowledge of examinations, policy and procedure, and credentialing is “encyclopedic,” according to one Director. Libby regularly authored newsletter articles on frequently asked questions such as “Will this year’s ATCB Examination cover the DSM-5,” “Exam 101,” “Where can I find out what counts for CECs to maintain my BC credential,” “What do I do to maintain my credential,” and “Who Ya Gonna Call,” a summary of where to have credentialing (ATCB) and membership (AATA) questions answered. Libby’s combined service record to the ATCB exceeds ten years. Her methodical thinking, keen recall, and dry wit will be missed. Good luck, Libby!

ATCB Board of Directors and Staff
Annual Board Meeting / October 2014

Back row (standing): Rita Maloy, Robin Colburn, Susan Ainlay Anand, Ed Oechslie, Janice Hoshino, Deborah Sharpe, Carolyn Brown Treadon, Front row: Erin Clark, Yasmine Awais, Barbara Parker-Bell, Libby Schmanke, Mary Ellen McAlevey

Deepening the Bench: The ATCB Welcomes…

Effective teams have multiple members who can “play” a variety of positions. Board work requires collaboration amongst members, along with skill sets focusing on public protection, long-range planning, policy and procedures, and more.

The Art Therapy Credentials Board strives for these outcomes. In this interest, the Board of Directors welcomes as its newest Director, Barbara Parker-Bell, whose biography is located on page 9. Carolyn Brown -Treadon has moved into the Secretary position vacated by Libby Schmanke, who completed her term on December 31, 2014. Janice Hoshino has moved into the Treasurer position, while Susan Ainlay Anand completes her final year on the Board of Directors in 2015. Finally, the ATCB welcomes Erin Clark, who joined the staff in 2014.

CREDENTIAL HOLDER PROFILE
Kathryn Bard, ATR-BC (continued from page 6)

my art therapy experience and what I can offer my clients.
What has not changed over decades and over continents is my steadfastness to the fundamentals of art therapy. Clinically, our goal for healing and improved functioning must always be at the cutting edge. We share some basic parameters using art as therapy: seeking ways to make a therapeutic alliance quickly, evaluating and formulating goals with the client in order to “weather the storms,” facilitate sublimation and those wonderful “ah ha” moments, and finally terminating. This sequence keeps us focused and moving forward as well as learning about new areas and cultures, from outside and from within.

Art therapists must be flexible to adapt to new personal and professional circumstances that arise in life which can affect our careers. Soon after I arrived in Switzerland a new friend gave me a wooden wall decoration that read: “Bloom where you are planted.” A strong educational foundation, quality supervision, the standards set forth by the ATCB for credentialing and regular continuing education and interaction with fellow professionals are the perfect ingredients for such blossoming. New adventures will present challenges, but viewed the right way, they can bring new insights, growth and fulfilment.
Exploring the New and Improved ATCB Website (continued from cover)

and art images. Certainly, art is at the core of our identities as art therapists, and the website should reflect that visually.

The new aesthetic reflects the ATCB’s desire to make the site user friendly. For example, when you open the ATCB homepage and scroll down just a little bit, you see the four main information categories: Public, New Applicants, Examinations, and Credential Holders. Whether you are a community member looking to find an art therapist or to learn more about the profession, an art therapy student, a recent graduate, or a credentialed professional, you can easily navigate the site by clicking on the big blue and white buttons.

**Navigation**

Once you utilize one of those large blue buttons you will find yourself on an interior page with newly organized drop down menus. These menus are contained in a banner just under the ATCB header and logo. The categories are: Public, Examinations, New Applicants, Credential Holders, News & Info, Ethics, MyATCB, and Contact Us. Therefore, if you begin your site exploration to find information on one topic, and you would like to explore a different topic, it is easy to find your way. Each drop down menu provides a list of links to key information so that you do not have to search through the whole website to find specific types of information. In addition, the site features a search tool in the upper right hand corner. If you have an aversion to drop down menus, you can put in a key term such as “ethics,” and you will be provided with website links that highlight relevant information. Finally, to return to the homepage simply click the ATCB logo.

**New Service Feature: MyATCB**

Some credentialed professionals have already taken advantage of utilizing MyATCB. When you register to use MyATCB with your e-mail address and set a password, you can then renew online. The process is simple. After you register, you may also update your address and phone number at any time.

**Tell us what you think**

If you have not explored the site lately, we invite you to have a look. A website, unlike many artworks, is never finished and remains a work in progress. Feel free to let us know what you think of the design. Our goal is to provide important information in an accurate, aesthetically pleasing and functional way!
The ATCB Board of Directors is pleased to welcome its newest Director. Barbara Parker-Bell is currently an Associate Professor, and Director of the Graduate Art Therapy Program and Coordinator of the Undergraduate Art Therapy Program at Marywood University, in Scranton, Pennsylvania. Barbara has been involved with collaborative research, teaching and cultural exchange projects with representatives of the Russian Federation since 2008, when she agreed to mentor a visiting Fulbright scholar and psychology professor from Siberia. Last summer, Barbara hosted 14 students and two faculty members from Siberia at Marywood University where she coordinated a summer academic and culture program featuring art therapy. Because of this work, Barbara was awarded a Visiting Professor position at Tomsk State University, Tomsk, Siberia, Russian Federation. During the summer of 2015, Barbara will go to Siberia for her fourth time to teach three art therapy courses for Tomsk State University psychology students. These courses will include introduction to Family Art Therapy, Art Therapy and Wellness and the Art of Supervision. Of course, she will look forward to her time in Siberia to learn more about regional cultures and to explore iconic Russian sites and experiences, such as riding on the Trans-Siberian Railroad to see Lake Baikal, the largest lake in the world.

Barbara received her Doctorate in Clinical Psychology from the Philadelphia College of Osteopathic Medicine and her Masters of Expressive Art Therapies from Lesley College (new University). Her undergraduate degree is a BFA in Drawing and Painting from the University of Michigan in Ann Arbor. Currently, Barbara maintains a small private practice, where she serves children, adolescents, families and adults. Over many years’ time, Barbara has worked in varied settings including inpatient psychiatric and addiction treatment centers, outpatient addiction treatment centers, psychiatric day treatment centers and more. She has been involved in research regarding older adults and caregivers of older adults. She has written book chapters and articles and presented on topics related to work with older adults, children and adolescents. She has worked on collaborative projects that advance art therapy understanding in the Russian Federation. This year, Barbara coauthored an article with her Russian colleague, Dr. Tatiana Vaulina, on the outcomes of their collaborative experiences. This article appears in the most recent volume of the Siberian Journal of Psychology.

Barbara enjoys service at home, too. She has served as a Director on the American Art Therapy Association (AATA) Board, and was a member AATA’s Education Committee and Educational Program Approval Board. She is eager to bring all of her experiences and enthusiasm to work as a new ATCB director.
Congratulations to Our New Credential Holders  
September 1, 2014 to January 31, 2015

### New ATCSs
- Deirdre Cogan
- Sandra Iwasawa
- Stephanie Wise

### New ATR-BCs
- Sarah Mays
- Eileen McKee
- Laura Meyers
- Danielle Middleton
- Mikella Millen
- Anna Mills
- Heather Montemarano
- Jaime Normand
- Raphaelle Novotny
- Robin O’Hare
- Deborah Palmer
- Mollie Postotnik
- Dafna Rehavia-Hanauer
- Christine Ruberti
- Macarena Rufin
- Caitlin Schuh
- Suzanna Shayer
- Jacqueline Signall
- Rebekkah Slatko
- Alina Staucu
- Hina Suri
- Adriana Tenaglia
- Ivana Vizcarondo
- Celeste Wade
- Sarah Wilson

### New ATRs (continued)
- Amanda Collins
- Sally Cooke
- Tania Cruz
- Tiffany Cumming
- Nicole Cyr
- William Del Moral
- Grace Docherty
- Molly Dutter
- Jana Emerson
- Robin Epley
- Brandon Estrella
- Michelle Figurski
- Jocelyn Friedman
- Brianna Garrold
- Briana Giddens
- Jamilys Goree
- Amy Griffin
- Mayra Guevara
- Eleanor Hagert
- Lauren Halpin
- Katharine Hanczaryk
- Tara Harding
- Chelsea Hipple
- Amy Hipple
- Marlyse Hirshcy
- Steven Hohenboken
- Jiyeon Hong
- Elizabeth Hutson
- Giuseppina Impellizzeri
- Yuri Jang
- Margot Johnson
- Sangah Jung
- Moon Hee Kim
- Elizabeth Kimport
- Brooke Knaack
- Jessica LaBarca
- Ann Lawton
- Alexis LeMieux
- Ashley Lepage
- Hillary Lipstein
- Virginia Livingston
- Michelle Lopez
- Molly Ludwig-Henningsgaard

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Congratulations to Our New Credential Holders
September 1, 2014 to January 31, 2015

New ATRs (cont from page 10)  New ATRs
Kristen Luttinen  Janet Reeves
Cassandra Magiera  Diana Reitz
Sarah Manley  Dana Roth
Hannah McLaughlin  Rachel Ryan
Jennifer McRavin  Mackenzie Sainz
Elizabeth Meals  Monica Salinas
Emily Mertz  Devon Schlegel
Karen Misseldine  Emily Schumacher
Seohee Moon  Leanne Sim
Jaclyn Mucciolo  Jewelie Sluzas
Katherine Nguyen  Kaitlin Staples
Rachel Nova  Samantha Stevenson
Dawn Nuding  Alix Sugarman
Erin O’Leary  Anne Tabachnick
Lauren Overman  Ariella Tanzer
Erin Owens  Amelie van den Brink
Jennifer Perez  GraceAnn Visser
Elizabeth Portuondo  Janet Walentiny
Lauren Purvis  Kim Wallant
DeLora Putnam-Bryant  Caitlin Walsh
Jenna Radowski  Donnetta Watson
Deborah Ralston  Leah Weinberger
Misty Ramos  Genia Young

VISIT www.atcb.org FOR:

✧ Credential holder status checks through Find a Credentialled Art Therapist
✧ Information about the ATCB Board of Directors
✧ Code of Professional Practice
✧ Guide for Students and Recent Graduates
✧ Applications for the ATR, ATR-BC and ATCS
✧ ATCBE Preparation Guide
✧ ATCB Recertification Standards
✧ Continuing Education Tracking Form
✧ MyATCB: Complete your annual renewal and update your address and phone number
✧ And More!
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